

CANTERBURY WOODS



BREAKFAST

Sunday Oatmeal Greek Scramble Scrambled Eggs Bacon English Muffin Banana	Monday Granola Bar Cheese Blintz Scrambled Eggs Sausage Patty Morning Glory Muffin Strawberries	Tuesday Cheerios Waffles Scrambled Eggs Corned Beef Hash Red's Donut Orange	Wednesday Oatmeal Fruit Yogurt Scrambled Eggs Bacon Apple Danish Banana	Thursday Granola Bar Ham & Cheese Casserole Scrambled Eggs Sausage Links Scone Seasonal Fruit Cup	Friday Cheerios Denver Scramble Scrambled Eggs Bacon Croissant Strawberries	Saturday Oatmeal Mushroom Frittata Scrambled Eggs Sausage Patty Blueberry Muffin Banana
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LUNCH

New England Clam Chowder Waldorf Salad Quiche Florentine Salmon Filet Roasted Squash Medley Dinner Roll Cheesecake NSA Cheesecake	Garden Tomato Soup Hot Dog Sonoma Chicken Salad Fresh Steamed Broccoli Potato Chips Seasonal Fruit Sugar Cookie NSA Cookie	Navy Bean Soup Meatloaf Sandwich Wedge Salad Succotash Seasonal Fruit Macaroon NSA Cookie	Cream of Spinach Soup Veggie Chili Cole Slaw Green Beans Corn Chips Brownie NSA Brownie	Mushroom Barley Soup Asparagus & Tofu Stir-Fry Soy-Ginger Salmon Salad Jasmine Rice Seasonal Fruit Lemon Bar NSA Tart	Ginger Carrot Soup Fish Tacos Guacamole & Chips Broccoli Fresh Fruit Cup Spice Cake NSA Cake	Split Pea Soup Chicken Curry Basmati Rice Spiced Cauliflower Seasonal Fruit Oatmeal Cookie NSA Cookie
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DINNER

New England Clam Chowder Spaghetti with Meatballs Garbanzo Bean Salad Broccoli Garlic Bread Tiramisu NSA Cake	Garden Tomato Soup Green Salad Mediterranean Fish Bake Irish Lamb Stew Basmati Rice Beets Dinner Roll German Chocolate Cake NSA Cake	Navy Bean Soup Spinach Salad Roasted Turkey Grilled Tilapia Bread Dressing Spaghetti Squash Dinner Roll Lemon Coconut Cake NSA Cake	Cream of Spinach Soup Caesar Salad Baked Cod Apple Pork Loin Baked Sweet Potatoes Braised Winter Veggies Whole Grain Roll Blueberry Pie NSA Tart	Mushroom Barley Soup Sliced Tomato & Basil Salad Vegetable Lasagna Turkey Meatloaf Baked Potato Carrots Olive Loaf Coconut Cream Pie NSA Jell-O	Ginger Carrot Soup Southwestern Salad Herb Roasted Chicken Tilapia Wild Rice Blend Sautéed Spinach Breadsticks Chocolate Cake NSA Pudding	Split Pea Soup Hummus with Veggie Sticks Jambalaya Crusted Catfish Mashed Potatoes Pan Squash Home Baked Roll Carrot Cake NSA Cake
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