

## COVID-19 Update

May 22, 2020

We are pleased to report that there are no new cases of COVID-19 this week. Other than the one resident and two team members associated with San Francisco Towers, there are no other cases of COVID-19 at our communities. Thank you to everyone for your diligence.

Much of our thought and energy this week has turned to how we can wisely approach changes to the stay-at-home orders, balancing risk and safety. Fundamentally, these decisions need to be made on a county-by-county and community-by-community basis.

For now, the general guidance remains essentially the same:

- Please stay home unless you are leaving for essential travel.
- Wash your hands frequently for 20 seconds with soap and water.
- Screen yourself for symptoms of COVID-19. Stay home and consult your health care provider if you have concerns or are unwell.
- When you do leave your home,
  - Wear a mask or cloth face covering that fully covers your nose and mouth;
  - Maintain a physical distance of at least 6 feet between yourself and others;

We live in community and what we do affects the others around us. Please take these steps, not just for your own health and well-being, but also to support the health and well-being of your neighbors, colleagues, and companions in community.

And our communities do continue to grow and change. In May, the Sales and Marketing team hosted four webinars online as a new way to reach prospective residents while tours and visits are not feasible. This week, they hosted Covia Coffee Talk, inviting Covia residents to share their experiences via Zoom, and 115 people attended.

For all the negative perceptions of senior living in the news, we know that our communities are still places where good things happen. We would love to hear what living in community means for you right now. Please let us know at C19info@covia.org.

This weekend, we remember those who have lost their lives while serving in our Armed Forces. There are many ways to serve our country and our community, and we honor them all. Happy Memorial Day.