



## COVID-19 Update

May 8, 2020

Today, we want to send special thanks to the teams who work in our Skilled Nursing and Resident Health Centers as we observe National Nurses Week (May 6-12) and National Skilled Nursing Care Week (May 10-16). Please send kind words to all of those who are caring for very vulnerable people under very difficult circumstances.

Covia's COVID-19 Task Force shows no sign of ending soon. We continue to meet each weekday morning at 9:30, discussing the latest information and regulatory requirements and how we can support our Life Plan and Affordable Communities, Community Services programs, and Support Services team. You can reach us at [C19info@covia.org](mailto:C19info@covia.org).

Some positive news: San Francisco Towers reports that one of their residents who previously tested positive for COVID-19 has been able to move out of the isolation area back to the Resident Health Center, and the second will likely "graduate" shortly. SFT's COVID-19 positive staff members are also doing well and appear to be on track to return to work soon.

However, the Towers also reported on Wednesday that an Independent Living resident tested positive for COVID-19 after being admitted to the hospital. This resident had been in contact with other IL residents, who must now be in isolation for 14 days.

We know that people are restless to open things up and get back to a more normal life, but we must keep taking infection prevention precautions seriously. COVID-19 cases continue to spread, and the numbers are likely to increase as people become impatient. Now is the time to be especially mindful of having minimal contact with people outside of our homes.

Please abide by the orders established by the State and your County's Health Departments. Each community's leadership is responsible for applying these orders, which vary from county to county. They take no pleasure in enforcing rules that make you unhappy, but are simply doing their best to keep you, your family, your neighbors, and your friends safe.

With Mother's Day this Sunday, we realize this is particularly frustrating. Unfortunately, this virus doesn't care about our feelings, holidays, or traditions. We trust that you will find ways to connect with your loved ones that don't involve meeting in person. All of us – residents, staff, volunteers, program participants, and more – are chafing at these restrictions. But the best way we can care for each other is to stay put, and stay safe.