



## COVID-19 Update

August 7, 2020

There have been positive trends this week in our communities as well as in California. In our Life Plan Communities, significant testing did not find any new cases of COVID-19. In our Affordable Communities, no new cases were reported. And in California overall, the 14-day rolling average has started to come down.

However, this is not the time to be complacent. Let's keep up our efforts to halt the spread of COVID-19 through our ongoing healthy practices of staying safer at home, wearing a mask whenever we leave our home for essential purposes, keeping our distance from others, and washing our hands frequently.

As we pass the six month mark of this pandemic, we as an organization are exploring how to adapt to a longer-term mind set. This is not about accepting the pandemic and its limitations as the new normal, but about ensuring the highest quality of life for residents and team members as we work collectively and creatively to support one another through the rest of this year and beyond.

On Monday, the Covia chaplains welcomed Joel ben Izzy to share his thoughts on the stories we can tell to help us during difficult times. On Thursday, Amber Carroll, Director of Well Connected, presented on Covia's Connections programs at a webinar on *Innovation and Growth during COVID-19* as part of the San Francisco Tech Council's Access and Learning Group. And today, Jodi Arnheiter, Spring Lake Village's Infection Preventionist, shared her expertise with the Sonoma County SNF Working Group.

This week, the Task Force sent a survey to the Support Services team to learn how to help them work successfully at home for the long term, with the understanding that our Walnut Creek office is unlikely to be open to most of our team until 2021. The Task Force has also streamlined our reporting forms for Life Plan and Affordable Communities to make it easier to track active and recovered cases of COVID-19.

Next Wednesday, Cynthia Shelby, Covia's Regional Quality and Care Nurse, is convening a meeting with all of our community Medical Directors to share best practices for community wellness.

In the midst of all of this, Covia received word that Fitch Ratings has affirmed Covia's A-rating with a stable outlook. VP of Finance and Corporate Controller Mitzi Hyland states, "We are on target when it comes to taking care of our residents and employees by having a solid, financially sound organization." We will get through this together.