



COVID-19 Update

October 9, 2020

We are pleased to report that Friends House residents have been able to return to their homes after being evacuated due to the Glass Fire in Santa Rosa. Residents are currently in quarantine, but glad to be home. We anticipate that Spring Lake Village residents will begin to return next week.

There is a significant logistical hurdle for the return to SLV: we have to provide COVID-19 tests for over 700 residents and staff. Executive Director Michael Cataldo and the Spring Lake Village team are working on a process to allow residents and staff to get efficiently tested when they return to the community. We are grateful for everyone's patience during this trying time.

We want to give special thanks to the team at Webster House. They have supported the Lytton Gardens community by providing three rounds of tests for residents. We are pleased to report that the first two rounds of resident testing have returned all negative results.

On Thursday, the Federal Trade Commission, Consumer Finance Protection Bureau, and Administration for Community Living presented a webinar on *Coronavirus Scams, Older Adults, and Financial Protection*. Additional information that may help you can be found on their websites at:

<https://www.ftc.gov/coronavirus>

<http://consumerfinance.gov/coronavirus>

<https://ncler.acl.gov/ElderJustice-Toolkit/About-Elder-Justice-Toolkit.aspx>

This week, October 5-11, is Active Aging Week. Active Aging Week challenges society's diminished expectations of aging by showing that, regardless of age or health conditions, adults over 50 can live fully in all areas of life—physical, social, spiritual, emotional, intellectual, vocational and environmental. Even though all of us have faced new limitations in light of this pandemic, we can find ways to express ourselves and our potential. We invite you, in honor of Active Aging Week, to explore new ways of expressing yourself, even under these very strange circumstances. If you are looking for inspiration, you may want to watch videos from Covia's Creative Aging Symposium, held in January of this year, by visiting <https://covia.org/creative-aging-symposium/>. Or visit the Active Aging Week website at www.activeagingweek.com for more ideas and resources.