



## COVID-19 Update

January 8, 2021

The new year is under way, and many of our communities now have their first COVID-19 vaccine clinic scheduled for this month. At San Francisco Towers, the first clinic takes place next Tuesday and will include staff, vendors, and residents at all levels of care. A whopping 97% of residents have opted to participate. Executive Director Christina Spence says, “It will be ‘all hands on deck’ to make sure we have people prepped and ready when it’s their turn” – including some of our Support Services team who will be on site to support the process. LeadingAge California may also be there to talk to residents and staff about the vaccination experience.

We look forward to taking this next step towards getting us out of this pandemic, but the vaccine is only one part of this process. We still need everyone to take all the standard precautions: only go out for essential travel purposes; wear a mask that fully covers your nose and mouth when you leave your home or when someone who is not part of your household is around you and also maintain a distance of six feet or more between yourself and others who aren’t in your household; and wash your hands frequently and thoroughly. All of these precautions used together will help keep you and others from contracting or spreading the COVID-19 virus.

We encourage you to find creative ways to keep yourself well as we head into what we hope is the final phase of this pandemic. After we asked for your memories from 2020, we heard from several people who shared many things you’ve done to take care of yourselves including writing, knitting, meditating, baking, Qi Gong, and more. We invite everyone to explore your creative side this year by registering for the fourth annual Creative Aging Symposium on January 28<sup>th</sup> – in English and Spanish. Learn more about this event on our blog here: <https://covia.org/blog/fourth-annual-creative-aging-symposium-celebrates-identity/>.

We also received this email from Dee Ann Hyatt, Director of Human Resources at Spring Lake Village: “My greatest take away from this year is how amazing the staff at Spring Lake Village are. Through COVID & fires everyone always ‘showed up’. We don’t back away from a challenge and are dedicated to our residents 110%. It has not been easy but our amazing staff and contract partners continue to show up, every day, working with each other to get things done. We are hopeful that the worst is behind us but know that whatever we have going on, our staff does not give up!!! Heroes REALLY DO work here!”

Whether at Spring Lake Village or any other community, we could not agree more!  
Thank you, one and all.