

Creative Aging Symposium



Press Release

For Immediate Release

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Creative Aging Symposium to Commence February 9, 2023

Annual event explores theme ‘Paths to Rediscovery’ in English and Spanish

Glendale, Calif. – January 10, 2023 – [Front Porch Community Services](#), a collection of programs that support older people in the Bay Area and throughout the country with increased social connection, access to affordable food and housing, and creative engagement, announced its sixth annual [Creative Aging Symposium](#) will take place February 9, 2023. This year's theme is **“Paths to Rediscovery.”**

Hosted by Front Porch Community Services programs [Creative Spark](#) and [Well Connected Español](#), this virtual event, offered in English and Spanish, explores how creativity can help people grow older with vibrancy and how to leverage creative thinking to live their best lives.

“We are looking forward to exploring creative approaches to this year’s theme, Paths to Rediscovery, with an amazing lineup of speakers sharing about lifelong creativity, celebration of heritage and aging, as well as creatives leading moments of playfulness, movement, and much more,” said Katie Wade, senior director of Creative Engagement for Front Porch and one of the symposium’s hosts.

“We are excited to explore rediscovery, digging deeper into capacities in ourselves that we didn’t know possible or have disconnected from,” said Lizette, Suarez, director of Well Connected Español.

Like past symposiums, this year's event features inspirational speakers and interactive experiences that will spark new ideas or powerful reminders about how we belong to ourselves and others. The event will use Zoom to connect presenters and participants. English and Spanish symposiums will be simultaneously presented, each with unique speakers and performances.

Among the speakers for the English-language event will be Lee Herrick, California poet laureate and widely celebrated author and professor. Herrick will share works that touch on the human experience, which explore ideas of self and humanity through stories of creativity, justice, home, and more.

Among the speakers for the Spanish-language event will be author, psychotherapist and entrepreneur Martha Verdugo, an international speaker, writer, workshop leader and consultant. She has more than two decades of experience in personal development transformation processes.

The Symposium Schedule of Events (English and Spanish), Registration Information, Speakers Biographies, Sponsorship Opportunities and other information about the 2023 Creative Aging Symposium” can be found at creativeagingsymposium.org for the English event and at envejecimientocreativo.org for the Spanish event.

About Front Porch

Front Porch is a dynamic not-for-profit organization, dedicated to empowering individuals to live connected and fulfilled lives through community and innovation. In support of this vision, Front Porch provides quality, accessible and affordable human services to approximately 7,500 residents in 19 senior living and 32 affordable housing communities. Other programs and services connect more than 10,000 participants throughout the country. Front Porch Communities and Services holds an “A” rating from Fitch Ratings and an “A-” rating from S&P Global (Standard & Poor's), making it one of only two not-for-profit senior living organizations in the country with an “A” category ratings from both agencies. Learn more at frontporch.net.