

CREATIVE SPARK WORKSHOPS

All Creative Spark workshops are interactive, refreshing, and practical. These are not your typical Zoom meetings! Bring colorful pens & paper. Ideally one hour but timing can accommodate your needs.

CREATING JOY AT WORK

Most popular!

Apply a creative, joyful lens to the work you do! Why explore joy? Research shows the significant benefits of joy to our minds and bodies. Through interactive exercises, we will utilize the power of creative thinking to discover the role of joy in our work experience.

INSPIRE A SPLASH: CREATIVE AGING 101

Are you looking to add some “splash” and creativity to your engagement programming? Discover how the fundamental principles of creative aging, each guided by research and best practices, can boost your current work and speak to the *why* behind your program, including your ability to address social connection, growth, wellness, and ageism.

COMPASSIONATE COMMUNICATION: PROOF OF LISTENING

Shift away from the “difficult people and challenging behaviors” narrative, move towards compassionate communication for ourselves and others. Using creative exercises and proof of listening techniques, reflect on the personal-professional growth needed to bring us closer to our communication goals. Build stronger teams and enhance caregiving partnerships with the improv mentality of 'yes and'.

UNLOCK THE MAGIC OF VIRTUAL PROGRAMS

In a sea of virtual program options, rarely do you find one that is truly magical, that fosters growth, connection, and transformation. This workshop shares key elements for unlocking the potential of a virtual (phone and/or video) program to creatively encourage social connectedness and wellness.



Creative Spark
CREATING COMMUNITY

creativespark.org

creativespark@frontporch.net