



Spring Lake Village  
A COVIA LIFE PLAN COMMUNITY

Great life,  
*beautiful setting.*





“I love exploring life here. The beauty of all this is you don’t have to get in your car and go anywhere. It’s wonderful.”

ELIZABETH M. / RESIDENT SINCE 2017

# An inviting community in

# the heart of wine country.



Surrounded by rolling hills, vineyards, and Santa Rosa Creek, Spring Lake Village is a naturally beautiful place to live. Add to that the good people who call this community home and you have a recipe for a great senior lifestyle. This is a place where life is enjoyed. Whether you’re sipping wine by the firepit, playing in a bocce ball tournament, enjoying one of the top-notch eateries, taking a class, or listening to an impromptu concert in the Great Hall, you have plenty of options.

Located on over 30 acres in beautiful Sonoma County, Spring Lake Village is a welcoming Life Plan Community in an idyllic neighborhood. Our residents share a love for active, easy living with the comforts of home. Enjoy everything Santa Rosa has to offer, close at hand: world-class wineries, fine dining, shops, museums, parks, cultural activities, volunteer opportunities, nature, and more.

#### TAP INTO SONOMA’S IDEAL SENIOR LIVING

- Dining, shopping, and entertainment
- Lake walks, hiking trails, and bocce ball
- Bustling, down-to-earth community
- Participative and wellness-focused culture
- Independent living, assisted living, skilled nursing, and memory care available

We take an individualized approach and offer multiple care options so you can find your perfect fit for today and tomorrow. Spring Lake Village features spacious, light-filled apartments and cottages in a variety of sizes and layouts, each with its own kitchen and your choice of flooring and paint colors. To enjoy the peace of mind that comes with living on your own terms, start planning today.

# Options for you.

## CONVENIENCE AND CHOICES FOR YOUR BEST LIFE

- Lifetime or Classic Continuing Care agreement
- Studio, alcove, one- and two-bedroom apartments and cottages
- Open concept floor plans, premium fixtures, lots of light
- Housekeeping, maintenance, and utilities included



## WHY A LIFE PLAN COMMUNITY?

Planning ahead brings great peace of mind. A Life Plan Community offers you the ability to meet your current active agenda, while lining up a plan for future needs. With all levels of care available right here at Spring Lake Village, as your needs and situation change, you'll be taken care of. A powerfully simple benefit that provides security for you and your family, is knowing you have a supportive team of professionals working with you to meet your needs for today and tomorrow.





“There’s a wide variety of things to do for people with different tastes—from active to intellectual. There are so many classes, you just can’t do it all.”

**CHARLIE C.** / RESIDENT SINCE 2014



At Spring Lake Village we believe age is something to be celebrated. Stay engaged, be involved, and get creative with all kinds of opportunities and amenities. Take advantage of our award-winning wellness programs, offering everything from water aerobics and line dancing to yoga and Tai Chi. Keep your calendar full with activities, including lectures, bocce tournaments, and book clubs. Plus, on call nurses and our caring staff are here whenever you need support—24 hours per day, seven days a week.

# All the ingredients for an engaging life.

### EVERYTHING YOU NEED

- Dining options to suit any taste
- Gardens, courtyards, classes, and activities
- Lots of ways to lead a meaningful life
- Outpatient rehabilitation services
- 24-hour security and on-site parking

[covia.org/spring-lake-village](http://covia.org/spring-lake-village)  
707.579.6964

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To learn more about Spring Lake Village or schedule a tour, contact us today. Your new community awaits.

Spring Lake Village is a Covia Life Plan Community. Covia is a non-profit organization that helps you live well and age well, anywhere you call home. We promote well-being by building strong and engaging communities, connecting people with the services they need to thrive, and providing compassionate, personalized support. We've been working with California seniors for over 50 years and we're here to help you live the way you want to—today and tomorrow.



A not-for-profit community owned and operated by Covia.  
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